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| **Course Name:** Psychological Trauma  | **Course Level:** Undergraduate | **Language:** English |
| **Course Code** | [**Prerequisites**](https://e-campus.isikun.edu.tr/CoursePrerequisites/Index) | **Corequisites** | **(T + P hours)** | **ECTS Credit** | **Type** |
|  PSYC4614 | - | - | 3+0 | 5 | Selective |

**Course objectives:** Travmatik deneyimlere sahip insanların saptanması ve tedavisi ile ilgili perspektif kazanılması.

**Course description:**  Afet, ölümcül hastalık, savaş, işkence, tecavüz ve şiddet gibi travma yaşantıları olan bireylerin sorunlarının tanı ve tedavisine ilişkin bakış açılarının gözden geçirilmesi.

**Evaluation system (in percentages):**

|  |  |  |
| --- | --- | --- |
| **Midterm** | **Final** | **Total** |
| %50 | %50 | 100 |

**References**

Herman, J. L. (2015). Trauma and recovery: The aftermath of violence--from domestic abuse to political terror. Hachette UK.

**Weekly Course Topics**

|  |  |
| --- | --- |
| **Week** | **Topic** |
| 1. | Introduction |
| 2. | What is Trauma? |
| 3. | What is Trauma? |
| 4. | Types of Trauma |
| 5. | Types of Trauma |
| 6. | Midterm |
| 7. | Effects of Trauma |
| 8. | Effects of Trauma |
| 9. | Detection of Trauma |
| 10. | Detection of Trauma |
| 11. | Prevalence of Trauma |
| 12. | Trauma Treatment |
| 13. | Trauma Treatment |
| 14. | Trauma Treatment |

**Contribution of the Course to the Program Outcomes**

**Course Outcomes**

Students will gain the following knowledge and skills at the end of the course:

1. Discuss the influence of experiences such as disaster, terminal illness, torture and rape upon individuals.
2. Compare various therapy techniques for trauma.
3. Learn the treatment techniques for traumatic experiences.
4. Understand the diagnostic approaches to trauma.

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|  |  **Program Outcomes** | **CO1** | **CO2** | **CO3** | **CO4** |
| 1. | To examine and compare different concepts in subfields of psychology and to have basic application skills. |  |  |  |  |
| 2. | To apply analytical and critical thinking skills in various fields of psychology, to be able to solve the problems related to the field with contemporary methods. | X |  |  | X |
| 3. | The student has the skills to interpret facts, events and data, to define and analyze problems, to develop solutions based on research and evidence by using the knowledge and skills they have acquired in the field. |  |  |  |  |
| 4. | Discussing and criticizing professional and ethical issues in program design and professional practice. |  |  |  |  |
| 5. | To explain the procedures and rules in psychological measurement and interview techniques, and to develop the ability to apply them at a basic level. |  | X | X |  |
| 6. | Adopting the rules of the positivist method and designing scientific research, collecting data, analyzing data and scientifically reporting the results. |  |  |  |  |
| 7. | To gain the basic principles of scientific thinking, to be able to separate and / or integrate the knowledge gained by other disciplines with a critical point of view. |  |  |  |  |
| 8. | To develop the competence for using the necessary information and communication technologies used to reach and spread information. |  |  |  |  |
| 9. | To use oral and written communication skills effectively both in Turkish and at least one foreign language. |  |  |  |  |
| 10. | Working effectively in individual and multidisciplinary research teams. |  |  |  |  |
| 11. | To develop respect for interpersonal and cultural diversity and to have social responsibility. |  |  |  |  |
| 12. | To be aware of psychological resilience, personal and professional development. |  |  |  |  |

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| Course Evaluation and ECTS Workload |
| Types of Work | Number | ECTS Workload |
| Time | Work Load |
| Attendance | 14 | 3 | 42 |
| Final exam | 1 | 20 | 20 |
| Quizzes | 0 | 0 | 0 |
| Semester project | 0 | 0 | 0 |
| Assignments | 0 | 0 | 0 |
| Final project | 0 | 0 | 0 |
| Seminar | 0 | 0 | 0 |
| Duties | 0 | 0 | 0 |
| Presentation | 0 | 0 | 0 |
| Midterm | 1 | 20 | 20 |
| Project | 1 | 25 | 25 |
| Lab | 0 | 0 | 0 |
| Private lesson time | 0 | 0 | 0 |
| Other (Personal study) | 14 | 2 | 28 |
|  |  | Total workload | 135 |
|  |  | Total workload/25 | 5.4 |
|  |  | ECTS Credit | 5 |

**Teaching Methods and Techniques**: Lecture, Discussion

**Prepared By:** Esra Savaş  **Date:** 05.09.2020