

## SELİN KARAKÖSE

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Date of Birth: 04/06/1987

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### **Academic Titles:**

Assistant Professor, Department of Psychology, Işık University, Istanbul, Turkey 2018-continues

Research Assistant, Department of Psychology, Işık University Istanbul, Turkey 2016-2018

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### **Education**

**Istanbul University, Psychology** 09. 2013 – 02.2018/ İstanbul - Turkey

- Ph.D. Clinical Health Psychology
- Thesis: Investigating the Reciprocal Relationship Between Dyadic Adjustment and Somatization in Newly-Wed Couples: A Longitudinal Study
- Clinical Experiences: Individual and Group Therapy (Chronic Pain & Eating Disorders)
- Supervisor: Asst. Prof. H. Özlem SERTEL-BERK
- GPA: 3,88/4

**Maltepe University, Psychology** 10. 2010 – 12. 2012 / İstanbul -Turkey

- M.A., Clinical Psychology
- Thesis: The Role of Negative Core Beliefs and Coping Strategies in Predicting Eating Disorder Symptomatology
- GPA: 3.49/4

**California State University, San Bernardino** 01.2009 – 01.2010/Los Angeles -USA

- B.A., Psychology, Exchange students
- GPA: 3.50/4
- Awards: Exchange Student Scholarship

**Yeditepe University, Psychology** 09.2005 – 08.2010/İstanbul - Turkey

- B.A., Psychology
- GPA: 3.01/4
- Awards: Full Scholarship

### **Honors, Awards & Scholarships**

- TUBITAK (The Scientific and Technological Research Council of Turkey), International Postdoctoral Research Fellowship, 2019

- Faculty of Arts and Science, Dean's List, 2010
- Exchange Student Honors, 2009
- University Entrance Exam Scholarship (Full Scholarship), Yeditepe University 2005-2010.

### **Publications**

Akyunus M, Gençöz T. & **Karakose S.** (2020). The Mediator Role of Negative Cognitive Emotion Regulation Strategies between Interpersonal Problems and Borderline Personality Beliefs. *Journal of Rational-Emotive & Cognitive-Behavior Therapy, PREPRINTS*. DOI:10.20944/preprints201809.0254. (SSCI)

Bagci, S. C., Piyale, Z. E., **Karaköse, S.**, & Şen, E. (Inpress). The role of intergroup contact, outgroup perspective-taking and ingroup identification on competitive victimhood beliefs. *Turkish Journal of Psychology*. (SSCI-Turkish)

Bagci, S. C., Piyale, Z. E., **Karakose, S.**, & Sen, E. (2018). Collective victimhood beliefs among majority and minority groups: Links to ingroup and outgroup attitudes and attribution of responsibility for conflict. *International Journal of Intercultural Relations*, 66, 95-107. DOI: 10.1016/j.ijintrel.2018.05.003. (SSCI)

Bagci, S. C., Çelebi, E. & **Karaköse, S.** (2017). Discrimination towards ethnic minorities: How does it relate to majority group members' outgroup attitudes and support for multiculturalism. *Social Justice Research*, 30 (1),1-22. DOI:10.1007/s11211-017-0281-6. (SSCI)

### **Manuscripts under review and in preparation**

Senol-Durak, E., Durak, M. & **Karakose, S** (under review). Psychological Distress and Anxiety among Housewives: The Mediational Role of Perceived Stress, Loneliness, and Housewife Burnout (SSCI).

**Karakose, S.** (under review). Health Anxiety, Coping Strategies, and Psychological Well-being of Covid-19 patients and inpatients: A Longitudinal-Comparison Study (SSCI).

**Karakose, S.** & Akcinar, B. (under review). Health Cognition Questionnaire- Covid-19 Form: Adaptation Study (SCOPUS).

**Karakose, S.** & Akcinar, B. (under review). Understanding the Factor Related to Preventive Health Behavior among People Diagnosed as COVID-19 and did not: A Longitudinal Study (SCOPUS).

**Karakose, S.** & Durak, M. (in preparation). Eating Disorders Belief Questionnaire: Adaptation and Norm Study for Turkish Population (SCOPUS).

**Karakose, S.**, Kafescioglu, N., Sertel-Berk, O., & Akcinar, B. (in preparation). Investigating the Reciprocal Relationship Between Dyadic Adjustment and Somatization in Newly-Wed Couples: A Longitudinal Study (SSCI).

### **Book Chapters**

**Karakose, S. (2021).** Impact of COVID-19 Pandemic on Mental Health: Implications for Clinical Psychology. *The Impact of COVID-19 on multidimensional areas*. (Eds. Karakose, S.) Iksad Bookstore, Istanbul, Turkey (International).

**Karakose, S. & Durak, M. (2021).** The role of negative core beliefs and coping strategies in predicting eating disorders: A Risk Group Study. *Psychology Sciences Research*. Akademisyen Bookstore, Istanbul, Turkey. (International)

### **Conference Presentations**

Akbay, S. & **Karakose, S.** *The Predictive Role of Perceived Parenting Styles and Interpersonal Problems on Borderline Personality Beliefs in Young Adults*. Oral to be presented at the 9<sup>th</sup> InPact 2021: International Psychological Application Conference and Trends, Digital Conference, Lisboa, Portugal, 2020.

**Karakose, S.**, Kafescioglu, N., Sertel-Berk, O., & Akcinar, B. *Investigating the Reciprocal Relationship Between Dyadic Adjustment and Somatization in Newly-Wed Couples: A*

*Longitudinal Study*. Oral to be presented at the 16<sup>th</sup> European Congress of Psychology, Moscow, Russia, 2019.

Akyunus M, Gençöz T. & **Karakose S**. *The Mediator Role of Negative Cognitive Emotion Regulation Strategies between Interpersonal Problems and Borderline Personality Beliefs*. Oral to be presented at the 20<sup>th</sup> National Psychology Conference, Ankara, Turkey, 2018.

Naivar-Şen, C., Baruh, L. & **Karakose, S**. *The Impact of Health Information Avoidance on Breast Self-Examination Practices*, Oral to be presented at the 32<sup>nd</sup> European Health Psychology Association, Galway, Ireland, 2018.

**Karaköse, S.**, İbiş, B., Araç, G., Pozam, G.İ. *Depression and Body Image: The Moderating Role of Negative Core Beliefs associated with the Eating Disorders*. Poster to be presented 25<sup>th</sup> International Conference on Eating Disorders, Chicago, USA. 2018.

**Karaköse, S.**, Durak, M. *The role of negative core beliefs and coping strategies in predicting eating disorders*. Oral to be presented 15<sup>th</sup> European Congress of Psychology, Amsterdam, Netherlands, 2017.

Bagci, S. C., Çelebi, E. & **Karaköse, S**. *Discrimination towards ethnic minorities: How does it relate to majority group members' outgroup attitudes and support for multiculturalism*. Poster to be presented at the 15<sup>th</sup> European Congress of Psychology, Amsterdam, Netherlands, 2017.

**Karakose, S.**, Kafescioglu, N., Arikan, G., Celik, H., & Ledermann, T. *The relationships among attachment, emotion regulation, and couples' mental health variables*. Poster to be presented at the 7<sup>th</sup> International Attachment Conference, NY, USA, 2015.

Ergüney, F.E., Deveci, E., Aktaş, A., Asaroğlu, A., **Karaköse, S**. Duruk, B. & Ömerbaşoğlu, S. *A Preliminary Study: Cognitive Behavioral Interpersonal Group Therapy for Chronic Pain, Eating Disorders and Mothers of Cerebral Palsy Children*. Poster to be presented at the 7<sup>th</sup> Işık Savasir, Clinical Psychology Symposium. Ankara, Turkey, 2015.

## **Projects:**

### **Projects as investigator**

Project title: First Marriages and Re-marriages in Turkey and US: A Cross Cultural Comparison of Relationship Adjustment and Well-Being Role: Principal Investigator

Funding Organization: TUBITAK

Budget: 30.000\$

Supervisor: Asst. Prof. Dr. Thomas Ledermann (Florida State University, Family & Child Sciences)

Project Dates: July 2021-July 2022

Project title: The Impact of Dyadic Adjustment and Psychological Well-Being of Parents on Child Behavior: A Longitudinal Study

Role: Principal Investigator

Funding Organization: Işık University, BAP

Budget: 41.150 TL

Project Dates: June 2020-June 2022

Project title: The Relationship between Health-Related Beliefs, Coping Strategies, and Psychological Well-Being among COVID-19 patients and inpatients: A Longitudinal Study

Role: Principal Investigator

Funding Organization: TÜBİTAK 1001

Budget: 65.000 TL

Project Dates: July 2020 – December 2020

### **Projects as research assistant**

Factors Influencing the Marital Relationship in the First Years of Marriage (TUBITAK 1001), Principal Investigator: Assoc. Dr. Nilüfer Kafescioglu, Ozyegin University, Istanbul/ Turkey, Engaged in data gathering in physiological change parameters in lab, data gathering with couples and analyzing, observational couple data coding, coordinating undergraduate assistants (06.2014 – 09.2015).

The Impact of Assisted Living or Nursing Home on Predicting Individual and External Factors of Depression with Structural Equation Modeling for Elderly People (TUBITAK 1001), Principal Investigator: Assoc. Dr. Mithat Durak, Abant Izzet Bayrak University, Bolu/ Turkey, Engaged in plan management, prepare and update materials, data gathering, data analysis & reporting, field work (01.2011–12. 2012).

### **Teaching:**

Ethics in Psychology (Undergraduate)  
History of Modern Psychology (Undergraduate)  
Ethics in Clinical Psychology (Graduate)  
Psychological Assessment 1&2 (Graduate)  
Clinical Supervision (Graduate)  
Graduate Seminar (Graduate)

### **MA Thesis**

-Ebru Pelin Özel (2021). The Role of Attachment Styles and Marital Adjustment in Predicting Relationship-Centered and Partner-Focused Obsessive Compulsive Symptoms.

-Tilbe Başpınar (2021). The Mediator Role of Life Satisfaction Between Emotional Labor Behaviors and Depression of Flight Cabin Crew.

-Sergen Akbay (2020). The Predictive Role of Perceived Parenting Styles and Interpersonal Problems on Borderline Personality Beliefs in Young Adults.

-Zeynep İpek Yücebıyık (2020). The Role of Forgiveness and Narcissistic Personality Symptoms in Predicting Dyadic Adjustment.

### **Trainings/Workshops**

- Psychodrama Group Psychotherapy, Istanbul Psychodrama Institute&Istanbul Zeka Moreno Institute Continue, Istanbul-Turkey
- EMDR: Eye Movement Desensitization and Reprocessing, DBE 2019, Istanbul-Turkey
- Addiction and Drug Use Therapy, Assoc. Prof. Kültekin Ögel 2017, Istanbul - Turkey
- Dialectical Behavioral Therapy, The Linehan Institute 2016, Istanbul - Turkey
- Rorschach Projective Test, Association of Projective Tests 2015, Istanbul – Turkey

- Imago Couple Therapy, Harville Hendrix 2012, Istanbul - Turkey
- Grief and Loss Counseling, Brandon Hunt 2010, Istanbul – Turkey
- Making Career Decisions in the 21st Century:  
The Simple Techniques for Complex Times, Spencer G. Niles 2010, Istanbul – Turkey
- Adolescent Psychosis, Christian Hoffman 2009, Istanbul – Turkey
- Cognitive Behavioral Therapy 2009, California – USA
- Emotional Therapy, Dr. Leslie Greenberg 2008, Istanbul - Turkey

### **Skills&Interests**

- **Language:** Turkish (native), English (advanced)
- **Computer:** MS Office Programs, SPSS, SPSS Process (intermediate), AMOS (intermediate)
- **Interests:** Clinical Psychology, Health Psychology, Travelling, Piano and Skiing

**References:** Available upon request.