



Dr. Nazlı Balkır
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Psychology Department
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1. Name : Nazlı Balkır

2. Birth date : 1979

3. Academic title : Dr. Phil.

4. Education :

DATES	DEGREE	UNIVERSITY	DEPARTMENT
1999-2002	BA	Istanbul Bilgi University	Psychology
2002-2005	MA	Istanbul University	Clinical Psychology
2008-2012	PhD	University of Heidelberg	Clinical Psychology and Psychotherapy

5. Academic titles :

YEAR	TITLE	UNIVERSITY	DEPARTMENT
2012	Dr. Phil.	Işık University	Psychology

6. Publications

6. 1. Journal Publications (SSCI)

1. Balkır, N., Arens, Wolff, C., E.A., Barnow, S. (in press) (Article in German) Exploring the influence of self construals on psychopathology in Turkish immigrant and German women with major depression. *Psychiatrische Praxis*.

2. Balkır, N., Arens, E.A., & Barnow, S. (2012) Exploring the relevance of autonomy and relatedness for mental health in healthy and depressed women from two different cultures: When does culture matter?. *International Journal of Social Psychiatry*. DOI: 10.1177/0020764012441428

3. Arens, E.A., **Balkir, N.**, & Barnow, S. (2012) Ethnic variations in emotion regulation: Do cultural differences end where psychopathology begins?. *Journal of Cross-Cultural Psychology*. DOI: 10.1177/0022022112453314

4. Barnow, S., Arens, E.A., **Balkir, N.** (2011) (article in German) Emotion regulation and psychopathology: Taking cultural influences into account. *Psychotherapie in Psychiatrie, Psychotherapeutischer Medizin und Klinischer Psychologie*, 16:1, 7-19.

6.2. Book chapters / Edited books

1. **Balkir, N.** (in press) Mental Illness Models and Help Seeking Behaviors among Turkish Immigrant Patients in Europe. In S. Barnow & **N. Balkir** (Eds.). *Cultural Variations in Psychopathology: From Research to Practice*. Göttingen: Hogrefe Publications.

7. Projects

1. Project coordination / research assistant of the project “How universal is depression? Migrant experience, depressive symptomatology and clinical presentation of depression.”

Completion of the Project: November 2012

Principal investigator: Prof. Dr. Sven Barnow, Chair of Department Clinical Psychology and Psychotherapy, Institute of Psychology, University of Heidelberg

Funded by the cluster of excellence, Karl Jaspers Center for Advanced Transcultural Studies, University of Heidelberg (116.000 €)

For more detailed information please visit:

<http://www.asia-europe.uni-heidelberg.de/en/research/c-health-environment/c7.html>

8. Administrative Positions and Employment History

8.1. Administrative Positions

8.2. Employment History

DATES	TITLE	UNIVERSITY / INSTITUTION	DEPARTMENT
2008-2012	R.A.	University of Heidelberg	Clinical Psychology and Psychotherapy

9. Scientific and Professional Membership

10. Awards and Honours

2009 – 2012 : 3-Year Full Doctoral Scholarship, Cluster of Excellence “Asia and Europe in a Global Context”, Karl Jaspers Center for Advanced Transcultural Studies, University of Heidelberg (36.000 €)

2008 – 2009 : Full Doctoral Scholarship, Institute of Psychology, University of Heidelberg (13.200 €)

11. Courses Taught (Last Two Years)

“Healing the Soul: Addressing the Issues of Religion and Spirituality in Psychotherapy” as supplementary seminars at the University of Heidelberg, 2011-2012.

12. Other Academic and Scientific Activities

12.1. Reviewer Activities (SSCI Journals)

1. International Journal of Psychology