

**Miray Akyunus**  
**Clinical Psychologist, PhD.**  
[makyunus@gmail.com](mailto:makyunus@gmail.com)

**Professional Experiences:**

Assistant Professor, Department of Psychology, Işık University, İstanbul, Turkey: 08.2020-Continues.

Assistant Professor, Department of Psychology, İstanbul Şehir University, İstanbul, Turkey: 09.2018- 08.2020.

Director of Psychology Research, Counselling and Education Center (Şehir PADEM), İstanbul Şehir University, İstanbul, Turkey: 06.2019-Continues.

Assistant Professor, Chairperson, Department of Psychology, İstinye University, İstanbul, Turkey: 04.2017- 09.2018.

Assistant Professor, Chairperson, Department of Psychology, İpek University, Ankara, Turkey: 02.2015- 07.2016.

Assistant Professor, Vice Chairperson, Department of Psychology, İpek University, Ankara, Turkey: 03. 2014- 07.2016.

Clinical Psychologist, Psychotherapist: 02.2012- 12.2016, BİLTED Psychotherapy and Psychiatry Center, Ankara, Turkey

**Education:**

Middle East Technical University 2006- 2012.  
 Psychology (Clinical), PhD.

Dissertation: *Cognitive aspects of personality disorders: Influences of basic personality traits, cognitive emotion regulation and interpersonal problems.*

Thesis Advisor: *Prof. Tülin Gençöz*

Middle East Technical University, 2001- 2006.  
 Psychology, Bachelors' Degree.

**Scholarships:**

TUBITAK BİDEB Programs, 2007- 2011.  
 Doctoral Scholarship.

TUBITAK BİDEB Programs, 2006- 2007.  
 Masters Scholarship.

## Publications:

- Akyunus, M.,** Canbolat, F., Altinoglu-Dikmeer, D. & Koca-Atabey, M. (2020). Perceived Paternal Attitudes Predict Test Anxiety Beyond the Effect of Neuroticism: A Study in the Context of the University Entrance Examination in Turkey. *Psychology in Russia: State of the Art*, 13(3), 3–15. (ESCI, SCOPUS) doi: 10.11621/pir.2020.0302
- Akyunus, M.,** Gençöz, T. & Karaköse, S. (2020). The Mediator Role of Negative Cognitive Emotion Regulation Strategies Between Interpersonal Problems and Borderline Personality Beliefs. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*. doi.org/10.1007/s10942-020-00373-0. (SSCI)
- Akyunus, M. &** Gençöz, T. (2020). The Distinctive Association of Interpersonal Problems with Personality Disorder Beliefs Within the Framework of Cognitive Theory of Personality Disorders. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*. 38, 26-43. Doi: 10.1007/s10942-019-00322-6. (SSCI)
- Akyunus, M.,** Gençöz, T. & Aka, T. (2019). Sex and Age Differences in Basic Personality Traits and Interpersonal Problems Across Young Adulthood. *Current Psychology*. Published Online. Doi: 10.1007/s12144-019-0165-z (SSCI)
- Akyunus, M. &** Gençöz, T. (2017). Dysfunctional Personality Beliefs in relation to Positive and Negative Affect: Support for Cognitive Model. *International Journal of Cognitive Therapy*, 9, 1-15. (SSCI)
- Akyunus, M. &** Gençöz, T. (2016) Representations of Personality Disorders Beliefs on Interpersonal Circumplex Model. *Turkish Journal of Psychology*, 31(77), 1-7. (SSCI-Turkish)
- Akyunus, M. &** Gençöz, T. (2016). Psychometric Properties of the Inventory of Interpersonal Problems-Circumplex Scales Short Form: A Reliability and Validity Study. *Düşünen Adam: The journal of Psychiatry and Neurological Sciences*, 29(1), 36-48. (SCOPUS- Turkish/English) doi: 10.5350/DAJPN2016290104
- Akyunus, M.** (In Press). A Symptom-Based Cognitive-Behavioral Therapy Applied in Foreign Language via Video Call: A Case Report. *AYNA Clinical Psychology Journal*.

## Presentations:

- Akyunus, M.,** Gençöz, T. & Karaköse, S. (2018). The Mediator Role of Negative Cognitive Emotion Regulation Strategies between Interpersonal Problems and Borderline Personality Beliefs. 20. *National Psychology Congress*, 15-17 November, TED University, Ankara, Turkey (Turkish)
- Akyunus, M.,** Canbolat, F., Altinoglu-Dikmeer, D. & Koca-Atabey, M. (2018). The effects of personality characteristics and parental attitudes towards exam anxiety: The critical role of emotional stability and father's parental control. *Yıldırım Beyazıt University Congress of Psychology: Experience Sharing IV*, 25-27 April 2018, Ankara, Turkey (Turkish).
- Akyunus, M. &** Gençöz, T. (2016). Gender and Age Differences in Basic Personality Traits and Interpersonal Problems Across Young Adulthood. *International Journal of Psychology*, 51(Suppl.1), 896, Published Abstract.

**Teaching:**

Cognitive Behavior Therapies- Graduate/TR  
 Psychotherapy Supervision- Graduate/ TR  
 Research and Statistics- Graduate/ TR  
 Ethics in Clinical Psychology- Graduate/ TR  
 Research Methods for Psychology- Undergraduate/ EN  
 Clinical Psychology- Undergraduate / TR  
 Abnormal Psychology- Undergraduate/ TR

**Other:**

Reviewer: “AYNA Clinical Psychology Journal”: 2014- continues.  
 “NESNE Clinical Psychology Journal”: 2018-continues.

**Trainings/ Workshops:**

Self Psychology, Anatolian Psychoanalytic Psychotherapies Association, Ankara, Turkey,  
 Trainers: Dr. Allen Seigel, Dr. Zeynep Atbaşoğlu, Dr. Neslihan Rugancı, Dr. Serpil Vargel:  
 03.2014- 07.2017.

Albert Ellis Institute Turkish Center Certified Structural Equation Modelling, Istanbul, Turkey  
 Trainer: Assoc. Prof. Dr. Ömer Faruk Şimşek/ 30-31.05.2015

Group Psychotherapy Training and T Group, Martı Psychotherapy Center, Ankara, Turkey,  
 Trainers: Assoc. Prof. Dr. Çiğdem Soykan/ 100 hours: 10.2008- 06.2009

**Internships/ Volunteer work**

Intern Psychologist, Psychotherapist: 2006- 2011/ Rotational.

Middle East Technical University, UYAREM Clinical Psychology Unit, Ankara, Turkey  
 (Psychotherapy Supervision, Trainers: Prof. Dr. Tülin Gençöz, Prof. Dr. Faruk Gençöz, Prof.  
 Dr. Nuray Karancı, Prof. Dr. Hürol Fışıloğlu): 180 hours: 09.2008- 06.2009

Gülhane Military Medical Academy, Department of Child Psychiatry, Ankara, Turkey:  
 09.2010- 01.2011

Numune Training and Research Hospital, Department of Psychiatry- Adult Unit, Ankara,  
 Turkey: 01.2010- 06.2010

Middle East Technical University, Clinical Psychology Unit, Ankara, Turkey: 09.2009-  
 06.2010

Hacettepe University Department of Psychiatry, Child and Adolescent Unit, Ankara:  
 01.2008- 06.2008

Dışkapı Training and Research Hospital, Department of Psychiatry- Adult & Adolescent  
 Units, Ankara, Turkey: 09.2007- 01.2008 & 01.2007- .06.2007

Ankara University, Department of Psychiatry- Adult Unit, Ankara, Turkey: 07-08.2005

**Volunteer Work:**

Project of the Turkish Standardization and Adaptation of the WISC-IV: Researcher  
 TÜBİTAK Summer Science Camp for Children: Psychologist  
 Ankara University, Support Unit for Children with ADHD and Learning Disorders  
 Association of Schizophrenic Patients and Relatives: Intern Psychologist

**Computer Skills:**

Advanced SPSS and intermediate LISREL

**Languages:**

Turkish (native), English (fluent), French (basic).

**Memberships:**

Turkish Psychological Association