



BERNA AKÇINAR
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- 1. Name** : Berna Akçınar
- 2. Birth Date** : 30.06.1983
- 3. Academic Title** : Assistant Professor
- 4. Education** :

Degree	Department	University	Dates
BA	Double Major Program of Preschool Education & Guidance and Psychological Counseling Departments	Boğaziçi University	2001-2006
MA	Developmental Psychology	Koç University	2006-2009
PhD	Developmental Psychology	Koç University	2010-2015
Post-Doc Researcher	Developmental Psychology	University of Pittsburgh	2016-2016

5. Academic Titles

Assistant Professor, 2015, Işık University

6. Publications

6.1. Journal Publications (SSCI)

- Akcinar, B. & Shaw, S. D. (2018). Independent Contributions of Early Positive Parenting and Parent-Child Coercion on Emerging Social Development. *Journal of Child Psychiatry and Human Development*. 49 (3), 385-395. <https://doi.org/10.1007/s10578-017-0758-4>.
- Baydar, N., & Akcinar, B. (2018). Reciprocal Relations between the Trajectories of Mothers' Harsh Discipline, Responsiveness and Aggression in Early Childhood. *Journal of Abnormal Child Psychology*, 46(1), 83-97. DOI 10.1007/s10802-017-0280-y.
- Akcinar, B. & Baydar, N. (2016). Development of Externalizing Behaviors in the Context of Family and Non-Family Relationships. *Journal of Child and Family Studies*, 25(6), 1848-1859. 10.1007/s10826-016-0375016-0375-z.

Baydar, N., & Akcinar, B. (2015). Ramifications of Socioeconomic Differences for Three Year Old Children and their Families in Turkey. *Early Childhood Research Quarterly*, pp. 33-48. DOI information: 10.1016/j.ecresq.2015.05.002.

Akcinar, B., & Baydar, N. (2014). Parental Control Is Not Unconditionally Detrimental for Externalizing Behaviors in Early Childhood. *International Journal of Behavioral Development*, 38, 2, 118 – 127.

6.2. International Conference Proceedings

Akcinar, B. (2013). The Predictors of School Adaptation in Early Childhood. *Procedia - Social and Behavioral Sciences* 93, 1099 – 1104.

Akcinar, B., & Ozguluk, S. B. (2009). Needs Assessment of Outdoor Play Area as a Part of Preschool Education Curriculum. In Ozer, B., Yaratan, H., & Caner, H (Eds.), *Proceedings of International Conference on Educational Sciences ICES'08* (pp. 80-87). North Cyprus, Eastern Mediterranean University Press.

6.3. Book Chapters

Akcinar, B. (2018). Gender Role Attitudes and Its Determinants for Women in Turkey. In *Current Debates in Gender and Cultural Studies*. IJOPEC Publication: London. ISBN: 978-1-912503-28-5.

Akcinar, B. & Baęcı, Ç. (2017). The Mediating Role of Coping Abilities on the Association between Parental Self-Efficacy and Parenting Behaviors. In *Researches on Science and Art in 21st Century Turkey*. Gece Kitaplığı Yayınevi.

Baydar, N., Akcinar, B., & Imer, N. (2012). *Çevre, Sosyoekonomik Bağlam ve Ebeveynlik*. [Environment, Socioeconomic Status as Context, and Parenting]. In M. Sayıl & B. Yagmurulu (Eds.), *Ebeveynlik elkitabı: Kuram ve araştırma [Handbook of parenting: Theory and research]*. Istanbul: Koç University Press.

6.4. Journal Publications in Turkish Journals

Akcinar, B., Baydar, N., & Kağıtçıbaşı, Ç. (2018). Erken Ergenlikte Ahlak Gelişimi: Müdahale Programı Örneęi (Moral Development in Early Adolescence: An Example of Intervention Program). *Eğitimde Kuram ve Uygulama (Journal of Theory and Practice in Education)*, 14(2), 153-169, doi:10.17244/eku.322365.

Akcinar, B. & Baydar, N. (2018). Erken Çocuklukta Anne Davranışlarının Dışsallaştırma Problemleri ile İlişkisi (The Association of Mothering Behaviors with Externalizing Behaviors in Early Childhood). *Elektronik Sosyal Bilimler Dergisi (Electronic Journal of Social Sciences)*, 17(66), 454-470.

Akcinar, B. & Özbek, E. (2017). Benlik Gelişiminin Öz-Yeterlik Becerisi ve Ebeveyn Davranışlarıyla İlişkisi (The Association of Self Development with Self-Efficacy and Parenting Behaviors). *Türk Psikoloji Yazıları*, 20 (40), 38-53.

Akcinar, B. (2017). Aile Sistemlerinde Şiddetin Döngüsü (The Cycle of Violence in Family Systems). *İnsan ve Toplum Bilimleri Araştırmaları Dergisi*, 6 (4), 40-64.

6.5. Conference Presentations

- Akcinar, B. (2019). *The Effect of Work-Family Conflict on Parenting and Child Behaviors: The Buffering Role of Support*. Paper presented at the 19th ECDP, Athens, Greece.
- Özbek, E. & Akcinar, B. (2019). *The Associations of Parenting Behaviors and Cultural Self-Aspects with Social Anxiety*. Paper presented at the 19th ECDP, Athens, Greece.
- Karaköse, S., Sertel-Berk, Ö., Kafescioğlu, N., & Akcinar, B. (2019). *Investigating the Reciprocal Relationship Between Dyadic Adjustment and Somatization in Newly-wed Couples: A Longitudinal Study*. Paper presented at the 16th European Congress of Psychology, Moscow.
- Atıcı, S. & Akcinar, B. (2019). *Duygusal Güvenlik Seviyesinin Ebeveyn Tutumları ve İlk Ergenlik Dönemindeki Çocukların Benlik Saygısı Üzerindeki Aracı Etkisi*. Paper presented at the 9th Işık Savaşır Clinical Psychology Symposium, Kıbrıs.
- Akcinar, B. (2019). *İş-Aile Çatışmasının Kadınların Psikolojik Sağlıkları ile İlişkisi*. Paper presented at the 9th Işık Savaşır Clinical Psychology Symposium, Kıbrıs.
- Karadağ, A. & Akcinar, B. (2019). *Üniversite Öğrencilerinin Sosyal Medya Bağımlılığı ve Psikolojik Semptomlar Arasındaki İlişkisi*. Poster presented at the 9th Işık Savaşır Clinical Psychology Symposium, Kıbrıs.
- Akcinar, B. (2018). *Gender Role Attitudes and Its Determinants for Women in Turkey*. Paper presented at the 7th International Congress on Current Debates in Social Sciences, İstanbul.
- Akcinar, B. (2017). *Erken Çocuklukta Dışsallaştırma Davranış Problemleri: Mikro ve Mezo-Sistem Etkileşimi*. Invited speaker at 1st National Developmental Psychology Conference, Hacettepe University, Ankara.
- Akcinar, B. & Baydar, N. (2017). *Repercussions of Negative Mother-Child Relationships in the Context of Family and Non-Family Relationships*. Paper presented at the 18th ECDP, Utrecht, Netherlands.
- Akcinar, B. & Shaw, S. D. (2017). *Independent Contributions of Early Positive Parenting and Parent-Child Coercion on Emerging Social Development*. Poster presented at the Biennial Meeting of SRCD, Austin, Texas.
- Baydar, N. & Akcinar, B. (2017). *Alternative Methods and Alternative Implications: Modeling the Reciprocity in Mother-Child Relationships*. Poster presented at the Biennial Meeting of SRCD, Austin, Texas.
- Akcinar, B. & Özbek, E. (2016). *Benlik gelişiminin öz-yeterlik becerisi ve ebeveyn davranışlarıyla ilişkisi*. Paper presented at the 19th National Psychology Conference, İzmir, Turkey.
- Bezek, S. & Akcinar, B. (2016). *Eğitim seviyesi, toplumsal cinsiyet rolleri ve dindarlığın ikili ilişkilerde görülen şiddeti kabul etme davranışına etkisi*. Poster presented at the 19th National Psychology Conference, İzmir, Turkey.
- Özbek, E. & Akcinar, B. (2016). *Kişinin öz-yeterliğinin anne davranışları ve arkadaş desteğiyle birlikte depresyon üzerindeki etkileri*. Poster presented at the 19th National Psychology Conference, İzmir, Turkey.
- Baydar, N., Kagıtcıbası, C., & Akcinar, B. (2016). *The Lessons Learned about the Theory of*

- Positive Development from an Intervention Research in Turkey*. Invited Symposium Paper presentation at the 24th Biennial Meeting of the ISSBD, Vilnius, Lithuania.
- Baydar, N., Kagıtcıbası, C., & Akcınar, B. (2015). *Can We Promote Adolescent Well-Being in School Contexts?* Invited Symposium Paper presentation at the 17th ECDP, Braga, Portugal.
- Akcınar, B. & Baydar, N. (2015). *Reciprocal Interaction of Maternal Power Assertion and Child Externalizing Problems*. Paper presentation at the 20th International Conference of APPAC 2015, Athens, Greece.
- Özgülük, B. & Akcınar, B. (2015). *Parental and Developmental Factors Contributing to School Adaptation*. Paper presentation at the 20th International Conference of APPAC 2015, Athens.
- Baydar, N. & Akcınar, B. (2014, July). *Escalating and Non-Escalating Trajectories of Aggressive Behaviors Through Early Childhood*. Poster presentation at the ISRA 2014 World Meeting, Atlanta, Georgia, USA.
- Akcınar, B. & Baydar, N. (2014, April). *What Basic Research Can Tell Us About the Choice Between Parent Interventions and Child Interventions*. Poster presentation at the SRC D Special Topic Meetings, Alexandria, USA.
- Baydar, N. & Akcınar, B. (2013, June). *Ramifications of Social Stratification for Three Year Old Children and their Families in Turkey*. Paper presented at the 21st IACCP Regional Conference 2011, Los Angeles, USA.
- Akcınar, B. & Baştürk, Ö. (2013, June). *The protective role of support systems on the children's behavioral development*. Paper presented at the 21st IACCP Regional Conference 2011, Los Angeles, USA.
- Baydar, N. & Akcınar, B. (2013, May). *Türkiye'deki Ebeveynler için Eşsiz Yıllar Ana-Babalık Eğitim Programı [Incredible Years Parenting Education Program for Turkish Parent]*. Paper presented at the 23rd National Child and Adolescence Mental Health and Illness Congress, Edirne, Turkey.
- Akcınar, B. (2012, October). *The Predictors of School Adaptation in Early Childhood*. Paper presented at the 3rd World Conference On Learning Teaching And Educational Leadership, Brussels, Belgium.
- Akcınar, B. (2012, May). *Kişisel ve Çevresel Faktörlerin Ebeveynlik Davranışlarına Boylamsal Etkisi [Longitudinal Effects of Personal and Environmental Factors on Parenting Behaviors]*. Paper presented 1st Social Sciences Doctoral Students' Workshop, METU, Ankara.
- Akcınar, B. (2011, August). *The Longitudinal Analysis of the Effect of Parental Control on Externalizing Behaviors in Early Childhood*. Paper presented at the 15th European Conference on Developmental Psychology, Bergen, Norway.
- Akcınar, B., & Baydar, N. (2011, July). *Parental Control and Its Behavioral Consequences for Preschool Children in Turkey and in USA*. Paper presented at the 19th IACCP Regional Conference 2011, Istanbul, Turkey.
- Akcınar, B. (2010, April). *Türkiye'de erken çocukluk döneminde gelişim: Aile içi ve aile dışı etkenler [Early Childhood Development in Turkey: Family and Environmental Effects]*. Paper presented at the 16th National Psychology Conference (TPK), Mersin, Turkey.
- Akcınar, B. (2009, June). *The Effect of Parental Control on Externalizing Behaviors in Early Childhood*. Paper presented at the 3rd Conference of Psychology Graduate Students, Istanbul.
- Aydemir, N., Akcınar, B., Guroglu, I., & Arslan, P. (2009, June). *The Study of Early Childhood Developmental Ecologies in Turkey*. Poster presented at the 3rd Conference of Psychology Graduate Students, Istanbul, Turkey.

Akcinar, B., & Ozguluk, S. B. (2008, June). *Needs Assessment of Outdoor Play Area as a Part of Preschool Education Curriculum*. Paper presented at the International Conference on Educational Sciences, North Cyprus.

6.6. Other Publications

AÇEV (2017). *Involved Fatherhood and Its Determinants in Turkey*. Understanding Fatherhood in Turkey Series. Mother Child Education Foundation (AÇEV). İstanbul. (The writer of the first booklet of the series).

7. Projects

7.1 Projects as the researcher

7.1.1.

Project title: Gender Roles and Family: The Association of Parenting Behaviors and Self-Efficacy (Toplumsal Cinsiyet ve Aile: Kadınların Ebeveynlik Davranış ve Yeterlikleriyle İlişkisi)

Role: Principal Investigator

Funding Organization: Koç Üniversitesi Toplumsal Cinsiyet ve Kadın Araştırma ve Uygulama Merkezi (KOÇKAM)

Budget: 41.300 TL

Project Dates: March 2016 - December 2017

7.1.2.

Project title: The Role of Work-Family Conflict in Parenting Behaviors and Social-Behavioral Development in Children (Ebeveynlik Davranışları ve Çocukların Sosyal-Davranışsal Gelişiminde İş-Aile Çatışmasının Rolü)

Role: Principal Investigator

Funding Organization: TÜBİTAK

Budget: 135.100 TL

Project Dates: November 2018 – July 2020

7.1.3.

Project title: The Role of Work Environment and Perceived Support in Family Systems (İş Ortamının ve Algılanan Desteğin Aile Sistemindeki Rolü)

Role: Principal Investigator

Funding Organization: Işık University BAP

Budget: 24.500 TL

Project Dates: June 2019 – March 2020

7.1.4.

Project title: The European Family Support Network. A bottom-up, evidence-based and multidisciplinary approach

Role: MC - Researcher (Turkey representative)

Funding Organization: COST

Project Dates: March 2019 – March 2023

7.2 Projects participated as a research assistant

- 7.2.1** The Study of Early Childhood Developmental Ecologies in Turkey, (Türkiye’de Erken Çocukluk Gelişim Ekolojileri (TEÇGE) Araştırması) , Project coordinator assistant and research assistant, (testing material developing, interviewer training, field work, qualitative and quantitative data coding and analysis, coordinating undergraduate and graduate assistants), Koç University.
- 7.2.2** Drop Out Project, School enrollment and drop-out problem in primary school education in Turkey: Determining individual, social and ecological factors, Research Assistant (testing material developing, field work), Koç University.
- 7.2.3** Effectiveness Study with Turkish Parent-Child Pairs by Filial Therapy [Consultant and trainer, Turkish Version of Dyadic Parent-Child Interaction Coding System (DPICS-TR)], Doğuş University.
- 7.2.4** Study of Positive Youth Development in Early Adolescence: Understanding and Enhancing Early Adolescent Development in Different Contexts, Project Coordinator and Research Assistant, Koç University (quantitative data coding and analysis, prepare and update educational materials, and coordinating undergraduate and graduate assistants), Koç University.

8. Invited Talks and Presentations

- Akcinar, B. (2017, December). Benlik Gelişiminin Ebeveynlik Davranışlarıyla İlişkisi. Çocuk ve Travma Sempozyumu, PÖMYAP, *Işık University*, İstanbul.
- Akcinar, B. (2017, November). Erken Çocuklukta Dışsallaştırma Davranış Problemleri: Mikro ve Mezo-Sistem Etkileşimi. 1. Ulusal Gelişim Psikolojisi Sempozyumu, *Hacettepe University*, Ankara.
- Akcinar, B. (2017, February). Çocuk Yetiştirmede Doğru Bildiğimiz Yanlışlar. *Darıca Final Okulları Veli Sempozyumu*, İstanbul, Turkey.
- Akcinar, B. (2015, December). Ebeveynlik ve Çocuklardaki Davranış Problemleri. Işık Üniversitesi 1. Psikoloji Günleri, *Işık University*, İstanbul, Turkey.
- Akcinar, B. (2015, October). The Micro and Macro Interactional Factors Associated with Externalizing Behaviors in Early Childhood Years. *Özyeğin University, Psychology department*, İstanbul, Turkey.
- Akcinar, B. (2012, June). Ebeveyn Çocuk Etkileşimi Kodlama Sistemi. *Doğuş University, Psychology department*, İstanbul, Turkey.

9. Employment History

Year	Title	University	Department
2006-2009	Research and Teaching Assistant	Koç University	Psychology
2009-2010	Preschool Teacher	The English International School of İstanbul	
2010 Spring	Instructor	Boğaziçi University	Preschool Education

2010-2014	Research and Teaching Assistant	Koç University	Psychology
2013-2014	Consultant	TRT Çocuk	
2013-2014	Instructor	Koç University	Psychology
2015 Spring	Part Time Faculty Member	Işık University	Psychology
2015 Spring	Part Time Faculty Member	Yeditepe University	Psychology
2015--	Faculty Member	Işık University	Psychology
2016	Post-Doc Researcher	University of Pittsburgh	Psychology

10. Scientific and Professional Membership

International Association of Cross-Cultural Psychology (IACCP)
Society for Research in Child Development (SRCD)

11. Ad-hoc Reviewer Experience (SSCI) journals

European Journal of Developmental Psychology
Journal of Child and Family Studies
Early Childhood Research Quarterly
TÜBİTAK SOBAG Projects - Panelist (2015, 2nd term)

12. Awards and Honors

2018	Best paper award about Gender Studies at 7th International Congress on Current Debates in Social Sciences, Istanbul.
2017	2017 Jacobs Foundation International Travel Award, for attendance at the Society for Research in Child Development Biennial Meeting 2017 (\$1500)
2015-2016	Post-Doc Fellowship, the Scientific and Technological Research Council of Turkey (TUBITAK) (\$22.500)
2013	Travel Award, for attendance at the Regional Conference of the International Association for Cross-Cultural Psychology's (IACCP) in Los Angeles (\$500)
2006-2009	Koç University, Full Scholarship for MA in Developmental Psychology
2010-2014	Koç University, Full Scholarship for PhD in Developmental Psychology
2006	Boğaziçi University High Honor Graduate

13. MA Thesis

Sedef Atıcı, (2019). Duygusal Güvenlik Seviyesinin Ebeveyn Tutumları ve İlk Ergenlik Dönemindeki Çocukların Benlik Saygısı Üzerindeki Aracı Etkisi, Işık Üniversitesi

14. Courses Taught

Academic Year	Semester	Course	Weekly Hours	Number of Students
2013-2014	Fall	Introduction to Psychology	3	395
2013-2014	Spring	Family Studies and Turkish Family	3	42
2014-2015	Spring	Social Influences on Behavior	3	70

2014-2015	Spring	Introduction to Research Methods	4	24
2014-2015	Spring	Selected Topics in Developmental Psychology	3	18
2015-2016	Fall	Measurement Techniques	3	114
2016-2017	Fall	Research Methods I	3	63
2016-2017	Fall	Measurement Techniques	3	128
2016-2017	Fall	Undergraduate Project	2	4
2016-2017	Spring	Developmental Psychology	3	133
2016-2017	Spring	Culture, Family and Gender	3	17
2017-2018	Fall	Measurement Techniques	3	141
2017-2018	Fall	Advanced Research Methods and Statistics (PhD course)	3	4
2018	Spring	Maternity Leave		