

Course Profile – Psychology Department	
Course Number: PSY 331	Course Title: Psychology of Adolescence
Required/Elective: Elective	Pre/Co-requisites: PSY101
Catalog Description: Review of theories and empirical research regarding the cognitive and emotional development of adolescents in relation to biological, social and psychological factors.	Textbook/Required material: Schaffer , D.R. & Kipp, K. (2009). Developmental Psychology: Childhood and Adolescence. Wadsworth Publishing; 8 edition.
Course Structure/Schedule: (3+0+0) 3 / 6 ECTS	
Extended Description: Review of theories and empirical research regarding the cognitive and emotional development of adolescents in relation to biological, social and psychological factors.	
Design content: none	Computer usage: none
Course Outcomes: 1. Define the basic concepts that explain the period of adolescence, (1) 2. Describe the biological, cognitive and emotional-motivational processes that underlie adolescence. (4) (12) (13) (1) Examine and compare different concepts in the sub-areas of psychology. (written exam). (4) Apply analytical and critical thinking skills to selected topics in the various fields of psychology (take-home exam or paper). (12) Develop respect to interpersonal and cultural diversity (written exam). (13) Develop self-awareness and coping strategies for psychological resilience and self improvement (paper and oral presentation).	
Reccomended Reading Santrock, J.W. (2009). Adolescence. McGraw-Hill Humanities/Social Sciences/Languages; 13 edition	
Teaching Methods : Lecture with slides, class discussions	
Assessment Methods: Written exam, home-work, quiz,	
Student workload. Preparatory reading..... 40...hr. Lectures.....70.. hrs. Pre-reading 40....hr. TOTAL..... 150..hrs.....to match 25x6 ECTS	